### EMOTIONAL DEVELOPMENT (PK-5K)

### Understand and manage one's emotions

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CASEL Domain	PK-5K	Caring School Community, Grade K
Self-Awareness	Learners will be able to demonstrate awareness of their emotions and how they may be the same or different from others. Wisconsin Model Early Learning Standards (WMELS) Domain II A EL.1	Teacher's Manual Getting to Know My Feelings, Weeks 18–23 Caring About Others, Weeks 24–29
Self- Management	Learners will be able to, with adult guidance, use verbal and nonverbal language to demonstrate a variety of emotions. WMELS Domain II A EL.1	Teacher's Manual Getting to Know My Feelings, Weeks 18–23
Self- Management	Learners will be able to, with adult guidance, display age appropriate self-control. WMELS Domain II A EL.1	Teacher's Manual Starting the Year, Weeks 1–2 Building Classroom and School Community, Weeks 3, 5–10 Being a Responsible Learner and Community Member, Weeks 11–17 Getting to Know My Feelings, Weeks 22–23  Caring School Discipline Chapters 1–9 (as needed to support individual students)
Focus Attention	Learners will be able to, with adult guidance and engaging activities, attend for longer periods of time and show preference for some activities. WMELS IV.A.EL.1	Teacher's Manual Starting the Year, Weeks 1–2 Being a Responsible Learner and Community Member, Weeks 3–10 Getting to Know My Feelings, Week 21
Social Awareness	Learners will be able to recognize the feelings of another child and respond with basic comfort and empathy. WMELS Domain II A EL.2	Teacher's Manual Caring About Others, Weeks 24–27, 30
Social Awareness	Learners will be able to associate words and gestures with a variety of emotions expressed by others. WMELS Domain II A EL.2	Teacher's Manual Getting to Know My Feelings, Weeks 18–20, 22 Caring About Others, Weeks 24–27
	Self-Awareness  Self-Management  Self-Management  Focus Attention  Social Awareness  Social	Self-Awareness  Learners will be able to demonstrate awareness of their emotions and how they may be the same or different from others. Wisconsin Model Early Learning Standards (WMELS) Domain II A EL.1  Self-Management  Learners will be able to, with adult guidance, use verbal and nonverbal language to demonstrate a variety of emotions. WMELS Domain II A EL.1  Self-Management  Learners will be able to, with adult guidance, display age appropriate self-control. WMELS Domain II A EL.1  Focus Attention  Learners will be able to, with adult guidance and engaging activities, attend for longer periods of time and show preference for some activities. WMELS IV.A.EL.1  Social  Learners will be able to recognize the feelings of another child and respond with basic comfort and empathy. WMELS Domain II A EL.2  Social  Learners will be able to associate words and gestures with a variety of emotions



# SELF-CONCEPT (PK-5K)

Develop positive self-identity and recognize self as a lifelong learner

No.	CASEL Domain	PK-5K	Caring School Community, Grade K
7	Self-Awareness	Learners will be able to exhibit positive self-concept and confidence in their abilities. WMELS Domain II B EL.1	Teacher's Manual Starting the Year, Weeks 1–2 Building the Classroom and School Community, Weeks 3–6, 10 Getting to Know My Feelings, Weeks 18, 21
8	Self-Awareness	Learners will be able to, with adult guidance, recognize and share independent thoughts. WMELS Domain II B EL.1	Teacher's Manual Starting the Year, Week 2 Building Classroom and School Community, Weeks 3–10 Being a Responsible Learner and Community Member, Weeks 11–12, 14, 16 Getting to Know My Feelings, Weeks 18–21 Secret Student (weekly beginning in Week 2)
9	Self-Awareness Social-Awareness	Learners will be able to show awareness of being part of a family and a larger community. WMELS Domain II B EL.2	Teacher's Manual Building the Classroom and School Community, Weeks 3, 5–10 Being a Responsible Learner, Week 13 Home Sharing Activities (weekly beginning in Week 2)  Cross-age Buddies Activity Book 1–2 times per month (beginning in Week 10)  Schoolwide Community-building Activities 3–4 times per year (as scheduled)
10	Self-Management	Learners will be able to display curiosity, risk-taking, and willingness to engage in new experiences. WMELS Domain IV A. EL 1	Teacher's Manual Starting the Year, Weeks 1–2  Community Chats Assemblies Field Trips Getting Ready for a Substitute Teacher



			Cross-age Buddies Activity Book 1–2 times per month (beginning in Week 10)
11	Self-Awareness Self-Management	Learners will be able to engage in meaningful learning through attempting, repeating, and experimenting with a variety of experiences and activities. WMELS Domain IV A EL 2	Teacher's Manual Daily Morning Circles, Weeks 1–30

### SOCIAL COMPETENCE (Pre-K-K)

Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large

No.	CASEL Domain	PK-5K	Caring School Community, Grade K
12	Social Awareness	Learners will be able to demonstrate awareness of self as a unique individual. WMELS Domain II B EL.2	Teacher's Manual Secret Student (weekly beginning in Week 2) Getting to Know My Feelings, Weeks 18–23
13	Social Awareness	Learners will be able to reflect their family, culture, and community when engaged in play and learning. WMELS Domain IV C EL.2	Teacher's Manual Home Sharing Activities (weekly beginning in Week 2)
14	Social Awareness	Learners will be able to, with adult guidance, begin to notice that other children and families do things differently. WMELS Domain IV C EL.2	Teacher's Manual Building the Classroom and School Community, Weeks 5–10 Being a Responsible Learner and Community Member, Weeks 11–14, 16 Home Sharing Activities (weekly beginning in Week 2)  Schoolwide Community-building Activities 3–4 times per year (as scheduled)
15	Relationship Skills	Learners will be able to engage in healthy and rewarding social interactions and play with peers. WMELS Domain II C EL.2	Teacher's Manual Building the Classroom and School Community, Weeks 5–10 Being a Responsible Learner and Community Member, Weeks 12–17 Caring About Others, Weeks 24–30



16	Relationship Skills	Learners will be able to, with adult guidance, initiate conversations, listen attentively, respond to conversation, and stay on topic for multiple exchanges (especially with adults). WMELS Domain III B EL.2C	Teacher's Manual Starting the Year, Weeks 1–2 Building the Classroom and School Community, Weeks 3–10 Being a Responsible Learner and Community Member, Weeks 11–17 Getting to Know My Feelings, Weeks 18–21 Caring About Others, Weeks 28–29 Ending the Year, Week 30
17	Relationship Skills	Learners will be able to adapt behavior based on adult directives.	Teacher's Manual Starting the Year, Weeks 1–2 Building the Classroom and School Community, Weeks 3–5, 7, 9–10 Being a Safe and Responsible Learner and Community Member, Weeks 11–17
18	Relationship Skills	Learners will be able to participate in cooperative play with peers. WMELS Domain II C EL.2	Teacher's Manual Starting the Year, Week 2 Building the Classroom and School Community, Weeks 3–10 Being a Responsible Learner and Community Member, Weeks 11–17
19	Relationship Skills	Learners will be able to, with adult guidance, identify and communicate needs in conflict situations. WMELS Domain II C EL.4	Teacher's Manual Getting to Know My Feelings, Weeks 18–23  Community Chats Playground Challenges Taking Things Mean Behavior Speaking Unkindly Teasing  Caring School Discipline Chapters 1–9 (as needed to support individual students)
20	Decision Making	Learners will be able to, with adult guidance, recognize that they have choices in how to respond to situations.	Teacher's Manual Starting the Year, Weeks 1–2 Building the Classroom and School Community, Weeks 3–5, 7–9 Being a Responsible Learner and Community Member, Weeks 11–17



			Caring School Discipline Chapters 1–9 (As needed to support individual students)
21	Social Awareness	Learners will be able to follow simple group rules. WMELS Domain II C EL.3	Teacher's Manual Starting the Year, Weeks 1–2 Building the Classroom and School Community, Weeks 3–5, 7–9 Being a Responsible Learner and Community Member, Weeks 11–17
22	Decision Making Relationship Skills	Learners will be able to demonstrate understanding of simple rules related primarily to personal health and safety. WMELS Domain II C EL.3	Teacher's Manual Starting the Year, Weeks 1–2 Building the Classroom and School Community, Weeks 3–4, 10
23	Social Awareness Relationship Skills	Learners will be able to attempt a new skill when encouraged and supported by a safe and secure environment. WMELS Domain IV A EL.2	Teacher's Manual Starting the Year, Weeks 1–2  Community Chats Assemblies Field Trips Getting Ready for a Substitute Teacher  Cross-age Buddies Activity Book 1–2 times per month (beginning in Week 10)
24	Decision Making Social Awareness Relationship Skills	Learners will be able to show awareness of being part of a family and a larger community. WMELS Domain II A EL.2	Teacher's Manual Building the Classroom and School Community, Weeks 3, 5–10 Being a Responsible Learner, Week 13 Home Sharing Activities, weekly (beginning in Week 2)  Cross-age Buddies Activity Book 1–2 times per month (beginning in Week 10)  Schoolwide Community-building Activities 3–4 times per year (as scheduled)



### EMOTIONAL DEVELOPMENT (1st Grade)

### Understand and manage one's emotions

No.	CASEL Domain	Grade 1	Caring School Community
1	Self-Awareness	Learners will be able to recognize and label a variety of their own basic emotions.	Teacher's Manual Getting to Know My Feelings, Weeks 18–23
2	Self- Management	Learners will be able to use verbal and nonverbal language to demonstrate a variety of increasingly complex emotions.	Teacher's Manual Getting to Know My Feelings, Weeks 18–23
3	Self- Management	Learners will be able to, with adult guidance, demonstrate a variety of strategies to manage strong emotions.	Teacher's Manual Getting to Know My Feelings, Weeks 21, 23
			Caring School Discipline Chapters 1–9 (as needed to support individual students)
4	Focus Attention	Learners will begin to be able to, with adult guidance, focus their attention by demonstrating a variety of strategies to tolerate distractions.	Teacher's Manual Starting the Year, Weeks 1–2 Building the Classroom and School Community, Weeks 3, 5–10 Being a Responsible Learner and Community Member, Weeks 11–13 Getting to Know My Feelings, Weeks 19–23 Caring About Others, Weeks 25, 28 Ending the Year, Week 30
5	Social Awareness	Learners will be able to, with adult guidance, identify how others are feeling, based on their verbal and nonverbal cues, and respond with compassion.	Teacher's Manual Building the Classroom and School Community, Weeks 5–8 Getting to Know My Feelings, Weeks 18–22 Caring About Others, Weeks 24–27 Ending the Year, Week 30
6	Social Awareness	Learners will be able to predict how someone else may feel in a variety of situations.	Teacher's Manual Caring About Others, Weeks 24–27 Ending the Year, Week 30  Community Chats Assemblies Field Trips



	Getting Ready for a Substitute Teacher Welcoming New Students Mean Behavior Playground Challenges Not Letting Others Play Speaking Unkindly Taking Things Teasing
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# SELF-CONCEPT (1st Grade)

Develop positive self-identity and recognize self as a lifelong learner

No.	CASEL Domain	Grade 1	Caring School Community
7	Self-Awareness	Learners will be able to identify and describe skills and activities they do well and those for which they need help.	Teacher's Manual Being a Responsible Learner and Community Member, Week 11
8	Self-Awareness	Learners will be able to identify and explore their own beliefs.	Teacher's Manual Getting to Know My Feelings, Weeks 18–23
9	Self-Awareness Social-Awareness	Learners will be able to define the role family and culture play in their identity and beliefs.	Teacher's Manual Home Sharing Activities (weekly)
10	Self-Management	Learners will be able to identify simple goals for personal and academic success.	Teacher's Manual Being a Responsible Learner and Community Member, Weeks 11–13 Getting to Know My Feelings, Weeks 19–23
11	Self-Awareness Self-Management	Learners will be able to, with encouragement, persist toward reaching a goal despite setbacks.	Teacher's Manual Being a Responsible Learner and Community Member, Weeks 11–17



### SOCIAL COMPETENCE (1st Grade)

Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large

No.	CASEL Domain	Grade 1	Caring School Community
12	Social Awareness	Learners will be able to present their own point of view.	Teacher's Manual Building the Classroom and School Community, Weeks 3–10 Being a Responsible Learner and Community Member, Weeks 11, 13–15, 17 Caring About Others, Week 24
13	Social Awareness	Learners will be able to identify commonalities they share with peers.	Teacher's Manual Secret Student (weekly beginning in Week 2)
14	Social Awareness	Learners will be able to recognize and respect that individual differences are important to self and others.	Teacher's Manual Secret Student (weekly beginning in Week 2) Building the Classroom and School Community, Weeks 5–8 Getting to Know My Feelings, Weeks 19–20
15	Relationship Skills	Learners will be able to identify the different relationships they have with others.	Teacher's Manual Home Sharing Activities (weekly) Building the Classroom and School Community, Weeks 7–8
16	Relationship Skills	Learners will be able to describe in simple terms how words, tone, and body language are used to communicate with others.	Teacher's Manual Morning Circle Greetings (daily) Building the Classroom and School Community, Weeks 3–10
17	Relationship Skills	Learners will be able to, with adult guidance, adapt behavior based upon peer feedback and environment cues.	Teacher's Manual Caring About Others, Weeks 24–27
18	Relationship Skills	Learners will be able to demonstrate listening skills, start and stop conversations, and take turns in conversations.	Teacher's Manual Starting the Year, Weeks 1–2 Building the Classroom and School Community, Weeks 3–10 Being a Responsible Learner and Community Member, Weeks 11–17 Getting to Know My Feelings, Weeks 18–20 Caring About Others, Weeks 24, 27–29



19	Relationship Skills	Learners will be able to understand the perspective of others in a conflict situation.	Teacher's Manual Caring About Others, Weeks 24–27  Caring School Discipline Chapters 1–9 (as needed to support individual students)  Community Chats Playground Challenges Taking Things Mean Behavior Speaking Unkindly Not Letting Others Play Teasing
20	Decision Making	Learners will be able to, with adult guidance, generate possible choices and actions they could take in a given situation, including positive and negative options.	Teacher's Manual Starting the Year, Weeks 1–2 Being a Responsible Learner and Community Member, Week 12 Getting to Know My Feelings, Weeks 18, 19 Caring About Others, Weeks 25, 29  Caring School Discipline Chapters 1–9 (as needed to support individual students)  Community Chats Playground Challenges Taking Things Mean Behavior Speaking Unkindly Not Letting Others Play Teasing
21	Social Awareness	Learners will be able to demonstrate positive behaviors as established in classroom and school-wide expectations.	Teacher's Manual Starting the Year, Weeks 1–2 Building the Classroom and School Community, Weeks 3–5, 7–10 Being a Responsible Learner and Community Member, Weeks 11–17 Caring About Others, Weeks 24–29  Caring School Discipline Chapters 1–9 (as needed to support individual students)



22	Decision Making Relationship Skills	Learners will be able to describe ways to promote personal safety.	Teacher's Manual Starting the Year, Weeks 1–2 Building the Classroom and School Community, Weeks 3–4, 10
23	Social Awareness Relationship Skills	Learners will be able to identify how to get help from a trusted adult in a variety of situations.	Teacher's Manual Starting the Year, Weeks 1–2 Building the Classroom and School Community, Weeks 7–8
24	Decision Making Social Awareness Relationship Skills	Learners will be able to, with adult guidance, identify classroom, school, and community needs.	Teacher's Manual Beginning of the Year, Week 2 Building the Classroom and School Community, Weeks 5–8  Cross-age Buddies Activity Book 1–2 times per month (beginning in Week 10)  Schoolwide Community-building Activities 3–4 times per year (as scheduled)  Community Chats Assemblies Field Trips Getting Ready for a Substitute Teacher

